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ALTOONA MIRROR HIGH SCHOOL

ATHLETE OF THE WEEK

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Colts' Dunchack dominates

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Name: Janae Dunchack

School: Northern Cambria

Age: 16

Grade: 10

Sport: Track and field

Athlete of week achievement: Dunchack won four events — high jump, long jump, 100 dash and 200 dash at the District 6 Class AA Championships.

Season update: Dunchack raised her high jump record at Northern Cambria to 5-8, broke her own record in the 200 dash and will compete in the high jump and long jump at the state competition.

Coach Jim Rocco's quote: "As a coach you like to have those people who you can pencil in 40 points for when you get off the bus. She kept getting stronger as the year progressed, and she's reached her peak just at the right time when we needed her most."

Favorite teacher: Mrs. Karen Previte

Favorite subject: Chemistry

Favorite movie: "Coach Carter"

Favorite food: Pierogies

Favorite song: "Hope" by Twista

Outside interests: Drawing and reading

Favorite pro team: No preference

Favorite college team: Duke

Pro athlete most admired: Jesse Owens

Best athlete I ever played with: Brittany Sedlock

Best athlete I ever competed against: Alli Williams

Most influential person on my athletic career: Her grandfather, William Dunchack

Proudest athletic achievement: Winning states in the high jump last year

How I got my start in track and field: It was just something in between sports.

Future goal: Play professional basketball in the WNBA

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